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SOUTHERN SOUNDS

First Listen: JJ Grey & Mofro's 'Every Minute'

By *The Editors*

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With roots in Southern rock, blues, funk, and soul, the music of Jacksonville, Florida-based **JJ Grey and Mofro** defies categorization. The band's ninth album, "**Ol' Glory**," is out in March, but you can have an exclusive first listen of the track *Every Minute* now. Like most of the set, this song is an upbeat anthem—which is easy to understand considering the inspiration for this song came to Grey on a trip to Jamaica. "I had an epiphany," Grey says, "I was eating my favorite breakfast—ackee and salt fish—and was real warm but the sea breeze had just started out of the east. There was music playing somewhere in the distance and all at once I realized that I was the luckiest person alive (no matter how many times I might have tried to convince myself otherwise). Then I started humming this tune."



The album will be released on March 3, but is available for [pre-order now](#).