



FOR IMMEDIATE RELEASE

MARCH 2020

**AMERICAN AQUARIUM RELEASES "LONG HAUL" THE FIRST TRACK
FROM *LAMENTATIONS***

**NEW ALBUM PRODUCED BY SHOOTER JENNINGS
OUT MAY 1 VIA NEW WEST RECORDS**

**GRAND OLE OPRY DEBUT MAY 1
U.S. TOUR KICKS OFF MAY 14**

Nashville, TN – American Aquarium releases “Long Haul,” the first track off their upcoming release *Lamentations*, out May 1 via New West Records. The “Long Haul” video was filmed during the recording of *Lamentations* with producer Shooter Jennings at Dave’s Room in North Hollywood, California. *Rolling Stone Country* premiered the clip today. Watch “Long Haul” [HERE](#) and pre-order *Lamentations* [HERE](#).

The optimistic track closes the introspective album and is a testament to frontman BJ Barham’s unwavering commitment to sobriety and family. An upbeat statement of resilience, Barham sings “I’m in it for the long haul, I’m here until the works done.” The soul-baring tune chronicles his struggle, while offering hope on the other side.

Shooter Jennings says, "I was already an American Aquarium fan, first and foremost. Then, from my first listen to the material for the new album, I knew I was going to be part of something really special in American Aquarium's journey. What a songwriter...and what a band! I enjoyed every moment of this big rock and roll record we made out here in LA. This couldn't have been a kinder and more talented group of musicians backing up these amazing, thoughtful, perfected songs BJ brought to the table. I'm really grateful they wanted to make this record with me, and I'm always gonna be really proud of the big-ass sound of this record."

May 1 finds American Aquarium making their debut on the venerated Grand Ole Opry stage in Nashville, TN. On May 14, the band kicks off an extensive U.S. tour. The group has steadily earned their devoted fanbase on the road, with over 15 years of sold-out shows across the U.S. and Europe. A full list of tour dates is listed below, and to purchase tickets go to <http://www.americanaquarium.com/tour>.

On *Lamentations*, Barham reaches new levels of skill, consciousness and potential after 20 years in the trenches. Unruly and sincere, Barham emerges as an important American voice—and an unlikely peacemaker. His songwriting on *Lamentations* reflects that

elevated focus. Barham says, “I wanted to write about a broken America and all the things that lead a human being to doubting something. Every song on this record touches on something a little different.”

American Aquarium is Shane Boeker on electric guitar, Ryan Van Fleet on drums, Alden Hedges on bass, Neil Jones on pedal steel, Rhett Huffman on keys and BJ Barham on acoustic guitar and vocals. Special guests on *Lamentations* include Matt Douglas on saxophone, The Watson Twins on vocals and Jamie Lin Wilson on vocals.

For more information about American Aquarium, please contact Karen Wiessen karen@alleyesmedia.com or Taylor Dickens taylor@alleyesmedia.com at All Eyes Media (615) 227-2770

American Aquarium 2020 Tour Dates

April 18 – **Dale, TX** – Old Settler’s Music Festival
May 1 – **Nashville, TN** – Grand Ole Opry
May 14 – **Raleigh, NC** – The Pour House
May 15 – **Richmond, VA** – The Broadberry
May 16 – **Charlotte, NC** – Neighborhood Theatre
May 17 – **Winston-Salem, NC** – The Ramkat
May 18 – **Greenville, SC** – Radio Room
May 19 – **Charleston, SC** – The Pour House
May 20 – **Jacksonville, FL** – Jack Rabbits
May 21 – **Orlando, FL** – The Social
May 22 – **Atlanta, GA** – Terminal West
May 23 – **Birmingham, AL** – Saturn
May 24 – **Waverly, AL** – Standard Deluxe
May 26 – **Oxford, MS** – Proud Larry’s
May 27 – **New Orleans, LA** – Tipitina’s
May 28 – **Houston, TX** – The Heights Theater
May 29 – **Oklahoma City, OK** – Tower Theatre
May 30 – **Wichita, KS** – The Wave Outdoor
May 31 – **Lubbock, TX** – Cactus Theater
June 1 – **Albuquerque, NM** – Launchpad
June 2 – **Denver, CO** – Globe Hall
June 3 – **Salt Lake City, UT** – The Urban Lounge
June 4 – **Las Vegas, NV** – Brooklyn Bowl Las Vegas
June 5 – **Phoenix, AZ** – The Rebel Lounge
June 24 – **Austin, TX** – Antone’s
June 25 – **Dallas, TX** – The Kessler Theater
June 27 – **Muleshoe, TX** – Mule Days

June 28 – **Perkins, OK** – The Old Church (BJ solo)
July 1 – **Des Moines, IA** – Wooly's
July 2 – **St. Paul, MN** – Turf Club
July 3 – **Chicago, IL** – Lincoln Hall
July 4 – **Wisconsin Dells, WI** – Showboat Saloon
July 5 – **Goshen, IN** – Ignition Music Garage
July 6 – **Louisville, KY** – Headliners Music Hall
July 7 – **Columbus, OH** – Skully's Music Diner
July 8 – **Indianapolis, IN** – The HiFi
July 9 – **Cleveland, OH** – Beachland Ballroom
July 11 – **Pittsburgh, PA** – Thunderbird Café
July 24 – **St. Louis, MO** – Delmar Hall
July 25 – **Kansas City, MO** – Knuckleheads
August 3 – **Seattle, WA** – Tractor Tavern
August 4 – **Spokane, WA** – Lucky You Lounge
August 5 – **Billings, MT** – Pub Station
August 6 – **Bozeman, MT** – Rialto Theater
August 7 – **Challis, ID** – Braun Brothers Reunion
August 8 – **Harlowton, MT** – The Harlo Music Project
August 10 – **Fargo, ND** – The Aquarium
August 12 – **Madison, WI** – High Noon Saloon
August 13 – **Columbia, MO** – The Blue Note
August 14 – **Tulsa, OK** – Cain's Ballroom
August 15 – **Little Rock, AR** – Revolution Music Room
August 27 – **Memphis, TN** – 1184 Lounge
August 28 – **Fayetteville, AR** – Fayetteville Roots Festival
September 11 – **Chattanooga, TN** – Songbirds North
September 12 – **Bristol, TN** – Bristol Rhythm & Roots
September 13 – **Asheville, NC** – The Grey Eagle
September 30 – **Utrecht, NL** – TivoliVredenburg
October 2 – **Oostende, BE** – De Zwerver
October 3 – **Brighton, UK** – The Prince Albert
October 4 – **Oxford, UK** – Bullingdon
October 5 – **Manchester, UK** – Night & Day
October 6 – **London, UK** – Oslo
October 8 – **Cologne, DE** – Die Kantine
October 9 – **Alkmaar, NL** – Victorie
October 10 – **Groningen, NL** – De Oosterpoort
October 11 – **Malmö, SWE** – Folk å Rock
October 12 – **Falkenberg, SWE** – Tryckhallen
October 13 – **Stockholm, SWE** – Klubb Nalen
October 14 – **Oslo, NO** – John Dee
October 15 – **Odda, NO** – Odda Bluesklubb

October 16 – **Sandane, NO** – Sandane Bluesfestival