

Rolling Stone COUNTRY

RS Country Music Picks for the Week of March 22nd

Must-hear tracks by Chapel Hart, Triston Marez, and Amy Helm

By **JON FREEMAN & JOSEPH HUDAK**



Amy Helm, “Breathing”

“Check your breathing, slow your breathing/Down in time with mine,” Amy Helm asks of someone in “Breathing,” from the singer-songwriter’s upcoming album *What the Flood Leaves Behind*. Built on a brittle, funky rhythm and punctuated with ghostly B3 organ and horns that would sound at home on a Sharon Jones album, it’s part urgent plea, part mysterious flirtation carried by Helm’s soulful voice and the spacious production from Josh Kaufman.

