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MAY 2021

**AMY HELM SHARES SOULFUL NEW TRACK “SWEET MAMA”
FROM *WHAT THE FLOOD LEAVES BEHIND*, OUT JUNE 18**

SELECT TOUR DATES ANNOUNCED FOR SPRING/SUMMER

[LISTEN TO “SWEET MAMA” HERE](#)

Nashville, TN – Acclaimed singer/songwriter and multi-instrumentalist Amy Helm releases her newest track “Sweet Mama” from her upcoming album *What the Flood Leaves Behind* (Renew Records/BMG) out June 18th. Produced by Josh Kaufman (Taylor Swift, Bonny Light Horseman), Helm’s textured, emotive vocals soar throughout the release, reflecting her inner strength and personal journey. **Listen to the captivating “Sweet Mama” [HERE](#). Pre-order *What the Flood Leaves Behind* [HERE](#).**

After over a year, Helm is eager to perform live again. She says, "Spring is here and the music is moving me to get back out on the road! No zoom links just a joyful noise with real people in real time! We've put together a handful of selective dates this summer. Can't wait to see you out there." Dates start in her hometown of Woodstock NY on May 29th at Levon Helm Studios. For a full list of dates, see below. For tickets, go to <http://www.amyhelm.com>.

“Sweet Mama” follows singles “Breathing” and “Are We Running Out of Love” which have both excited current fans and introduced Helm to new listeners. *Rolling Stone Country* called “Breathing” “...part urgent plea, part mysterious flirtation carried by Helm’s soulful voice and the spacious production from Josh Kaufman.” “Breathing,’ has a sturdy beat and soulful horns, and Helm is in great voice.” *WNYC New Sounds*

Helm recorded *What The Flood Leaves Behind* at Levon Helm Studios. In addition to Kaufman, an all-star team of players joined helm for the effort, including Phil Cook (keys, harmonica), Michael Libramento (bass, organ, percussion), Tony Mason (drums), Daniel Littleton (guitar), Stuart Bogie (saxophone), Jordan McLean (trumpet), and her son Lee Collins (congas).

Born into music as the daughter of The Band’s drummer/singer Levon Helm and singer-songwriter Libby Titus, Helm was raised between Woodstock, NY, NYC and Los Angeles. She is a founding member of folk group Ollabelle and a longtime member of The Midnight Ramble Band. *What the Flood Leaves Behind* is her third solo album.

AMY HELM TOUR DATES

- 5/9 - **Woodstock, NY** - Levon Helm Studios (performing w/ Joan Osborne)
- 5/29 - **Woodstock, NY** - Levon Helm Studios (Midnight Ramble w/ Nicki Bluhm)
- 5/30 - **Woodstock, NY** - Levon Helm Studios (Midnight Ramble w/ Chris Thile)
- 6/6 - **Fayetteville, AR** - Roots HQ on the Avenue
- 6/7 - **Conway, AR** - Arkansas Country Music Awards
- 6/8 - **Little Rock, AR** - South on Main

6/11 - **Washington DC** - The Hamilton Live
6/12 - **Arden, DE** - Shady Grove Stage (Arden Concert Guild)
6/13 - **Sellersville, PA** - Sellersville Theater 1894
6/20 - **Hatfield, MA** - Black Birch Vineyard
6/24 - **New York, NY** - City Winery New York
7/4 - **Montgomery, NY** - City Winery Hudson Valley
7/25 - **Charleston, WV** - Mountain Stage

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