



FOR IMMEDIATE RELEASE

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**SARAH SHOOK & THE DISARMERS RELEASES NEW SONG/VIDEO FOR
“IT DOESN’T CHANGE ANYTHING” FROM THEIR FORTHCOMING ALBUM
NIGHTROAMER
OUT ON FEBRUARY 18 VIA THIRTY TIGERS**

Nashville, TN – Sarah Shook & The Disarmers have released a new song and corresponding video for “It Doesn’t Change Anything” in advance of their forthcoming album *Nightroamer*, out on February 18 via Thirty Tigers. The track openly reveals Shook’s challenges with personal well-being and acceptance and gives an inside look at a complex reality. Watch the self-shot, forest walking tour [HERE](#).

“I struggle with depression and substance abuse as so many others do and those of us who come from fanatical religious backgrounds often seem to have the worst time of both,” said Shook. “It seemed fitting to use empty religious imagery to describe the helplessness of addiction and the void of depression, both perpetuated by the same snare of trauma.”

Through critically acclaimed releases *Sidelong* (2015) and *Years* (2018) the North Carolina-based quintet has built a reputation as a honky tonk, indie band with a punk rock spirit. On *Nightroamer* the group expands their sound with pop sensibilities and melodies without sacrificing its unflinching intensity and raw edge. Leading up to their third full-length release, they have launched two other songs/videos for “Talkin’ To Myself” [HERE](#) and “No Mistakes” [HERE](#).

Produced by Grammy-winner Pete Anderson (Dwight Yoakam, k.d. lang), *Nightroamer* is a collection of 10 songs written by Shook that take a hard look at relationships, but do not claim to have one-size-fits-all answers. Led by Shook on lead vocals and rhythm guitar, The Disarmers are a seasoned powerhouse, featuring Eric Peterson (lead guitar), Aaron Oliva (bass), Will Rigby (drums), and Phil Sullivan (pedal steel). With Shook out front, the group puts on commanding live performances that leave captivated audiences riveted.

Whether it is their songwriting, their performances or their activism in the LGBTQ+ community, Sarah Shook is unwavering when it comes to taking chances, being honest, open and even vulnerable. As a group, Sarah Shook & The Disarmers continue to evolve – offering smart, inspiring and sincere music overflowing with passion and integrity, all of which come together on *Nightroamer*.

See US and European tour dates below.

Click [HERE](#) to pre-order/add *Nightroamer*

SARAH SHOOK & THE DISARMERS 2022 TOUR DATES

- 2/18 – **Chapel Hill, NC** – Cat's Cradle
- 2/23 – **Tampa, FL** – Crowbar
- 2/25-3/3 – **Outlaw Country Cruise**
- 3/12 – **Atlanta, GA** – The Earl
- 3/18 – **Greenville, SC** – Radio Room
- 3/20 – **Chattanooga, TN** – Cherry Street Tavern
- 3/24 – **Boise, ID** – Treefort Music Fest
- 3/26 – **Bend, OR** – Volcanic Theatre Pub
- 3/27 – **Seattle, WA** – Tractor Tavern
- 3/28 – **Portland, OR** – Polaris Hall
- 3/30 – **San Francisco, CA** – Bottom of the Hill
- 3/31 – **Menlo Park, CA** – The Guild Theater
- 4/1 – **Santa Cruz, CA** – The Atrium at the Catalyst
- 4/2 – **Costa Mesa, CA** – The Wayfarer
- 4/5 – **Phoenix, AZ** – The Rhythm Room
- 4/6 – **Flagstaff, AZ** – Orpheum Theater
- 4/7 – **Santa Fe, NM** – Tumbleroot Brewery and Distillery
- 4/8 – **Mantilou Springs, CO** – Lulu's Downstairs
- 4/9 – **Denver, CO** – Hi-Dive
- 5/3 – **Winchester, VA** – Bright Box Theater
- 6/10 – **Pagosa Springs, CO** – Pagosa Folk N' Bluegrass Festival
- 8/17 – **Stockholm, SWE** – Fåfången
- 8/18 – **Oslo, NO** – John Dee
- 8/19 – **Falkenberg, SWE** – Tryckhallen
- 8/20 – **Kristianstad, SWE** – Biljardkompaniet
- 8/21 – **Copenhagen, DK** – Ideal Bar
- 8/23 – **London, UK** – Omeara
- 8/24 – **Manchester, UK** – Night People
- 8/25 – **Glasgow, UK** – Hug & Pint
- 8/26 – **Newcastle, UK** – The Clunyl
- 9/4 – **Groningen, NL** – Der Aa Theater
- 9/5 – **Utrecht, NL** – dBs
- 9/7 – **Bilbao, ESP** – Kafe Antzokia-Kutxa Beltza
- 9/8 – **Zaragoza, ESP** – Rock & Blues Cafe
- 9/9 – **Avilés, ESP** – Factoría Cultural
- 9/10 – **Madrid, ESP** – Café Berlín
- 9/11 – **Barcelona, ESP** – Upload

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