



FOR IMMEDIATE RELEASE

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**SARAH SHOOK & THE DISARMERS RELEASE VIDEO FOR HONKY-TONK
INSPIRED NEW TRACK “NO MISTAKES” FROM UPCOMING ALBUM
NIGHTROAMER OUT FEBRUARY 18TH VIA THIRTY TIGERS
WATCH [HERE](#)**

NEW SPRING TOUR DATES ANNOUNCED

Nashville, TN – Acclaimed band Sarah Shook & The Disarmers have released the video for their new track “No Mistakes”, off their highly anticipated third album *Nightroamer*, out February 18th on Thirty Tigers. *Nightroamer* finds North Carolina-based group enhancing their sonic palette with infectious melodies and a tasteful infusion of elemental pop. Sarah Shook & The Disarmers has just announced additional spring tour dates. See full list below.

On “No Mistakes”, the celebrated quintet remind us of where they came from with the honky-tonk influenced track and video, set in a lively bar featuring Shook and The Disarmers performing. The clip opens with Shook looking back fondly on an evening at the bar with a love interest and the joy they shared in conversation, dancing and just being in the moment. “I’ve had my share of jealous and insecure partners and I know I’m not alone in that”, says Shook. “No Mistakes’ takes aim at such folks with the message to get a damn grip and grow the hell up. If you’ve been mistreating your partner, quit pretending they’re the problem. Own up to your shit. Apologize, mean it, work hard on yourself. Hope like hell they give you another chance but know they don’t owe it to you.” Watch the video [HERE](#).

Shook offers more insight, “People get trapped in cycles of serial monogamy with people who tear them down all the time. It’s more common than we’d like to admit and a lot of people never get out of that trap.” They continue, “I wanted the video for “No Mistakes” to portray some of the good things one kind of healthy relationship can offer: true joy, deep friendship, shared interests, where both partners respect and value themselves and each other. No codependency. No manipulation. No controlling behavior. Just straight up love.”

Sarah Shook & The Disarmers have established themselves as a no-frills, rock band with a punk spirit. As their sound continues to evolve, their music remains thoughtful, accessible, intelligent and inspiring, while exuding a sincerity and integrity that connects deeply with their passionate fanbase. *Nightroamer* was produced by Grammy-winner Pete Anderson (Dwight Yoakam, k.d. lang).

Click [HERE](#) to pre-order *Nightroamer*

For press information about Sarah Shook & The Disarmers,
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SARAH SHOOK & THE DISARMERS 2022 US TOUR DATES

- 2/18 – Chapel Hill, NC – Cat’s Cradle
- 2/23 – Tampa, FL – Crowbar
- 2/25-3/3 – **Outlaw Country Cruise**
- 3/11 – Savannah, GA – Savannah Stopover
- 3/12 – Atlanta, GA – The Earl
- 3/18 – Greenville, SC – Radio Room*
- 3/19 – Nashville, TN – Mercy Lounge*
- 3/24 – **Treefort Music Festival** - Boise, ID
- 3/25 – **Treefort Music Festival** - Boise, ID
- 3/26 – Bend, OR – Volcanic Theatre Pub
- 3/27 – Seattle, WA – Tractor Tavern
- 3/28 – Portland, OR – Polaris Hall
- 3/30 – San Francisco – Bottom of the Hill
- 3/31 – Menlo Park, CA – The Guild Theater
- 4/1 – Santa Cruz, CA – The Atrium at the Catalyst
- 4/2 – Costa Mesa, CA – The Wayfarer
- 4/4 – Los Angeles, CA – Zebulon*
- 4/5 – Phoenix, AZ – Rhythm Room*
- 4/6 – Flagstaff, AZ – Orpheum Theater*
- 4/7 – Santa Fe, NM – Tumbleroot Brewery*
- 4/8 – Manitou Springs, CO – Lulu’s*
- 4/9 – Denver, CO – Hi Dive*

***New tour dates**