



FOR IMMEDIATE RELEASE

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**LOUISIANA NATIVE CHRIS CANTERBURY TO RELEASE NEW ALBUM  
QUAALUDE LULLABIES ON SEPTEMBER 23 ([PRE-SAVE LINK](#))**

**LISTEN TO THE STARK, POWERFUL FIRST SINGLE,  
“THE DEVIL, THE DEALER, & ME” NOW ([LINK](#))**

Nashville, TN – Louisiana-bred/Nashville-based artist Chris Canterbury will release a new album, *Quaalude Lullabies*, on September 23 (pre-save [link](#)). His second overall album and first in five years is a collection of nine beautifully told narratives circling around the challenges of addiction, depression, loneliness, and coping. The lead single “The Devil, The Dealer & Me” is sparsely composed – only pedal steel, upright bass, and Wurlitzer – spotlighting Canterbury’s raw, full-bodied voice, as he sings of vice and struggle: “There’s an army inside my head / And a monster under my bed / Numb my mind so I don’t have to lose it / A heart only breaks when you use it.” [Listen here](#).

“When I sat down to write this project, I tried to present each topic as a straight-forward Saturday morning kitchen conversation,” Canterbury says. “That’s how I approach songwriting.”

Getting out of the way of the story and letting it speak for itself has been a guiding force for Canterbury’s songwriting career. *Quaalude Lullabies* doesn’t offer quick solutions or neatly wrapped packages adorned in bright bows, but instead tells the stories of real life, struggle, and resolve (or lack thereof). Canterbury wrenches moving, powerful vocal melodies from deep within about the dark and the dirty, and his deliberate, stunning, emotional songwriting and production styles follow suit. Tracks like “Kitchen Table Poet” bring together the energetic humidity of Gospel-adjacent, classic soul ballads with the structure of slow-rolling, traditional country. Instead of waxing poetic over hackneyed issues and tropes, Canterbury eloquently illustrates the complexities of life with a millworker’s vernacular and a hefty southern drawl. Subsequent tracks “Fall Apart”, “Heartache For Hire”, and “Back On the Pills” are no less weighty, but *Quaalude Lullabies* often isn’t aiming to heal or uplift, but to tell the narrator’s gnarled up cautionary tale.

“I wanted to woodshop a record together that felt like *Nebraska*,” says Canterbury of his first self-produced record. “I wanted it to be loose like a box of bedroom demo tapes, but cohesive enough to stand on its own.”

Born and raised in the piney woods outside of Haynesville, Louisiana, Chris Canterbury comes from the grimy remnants of a small oil patch town, a way of life that is slowly fading but still lingers in the songs he sings. Born to a working-class blue-collar family, Canterbury struggled to find the middle ground between his grandfather's Southern Baptist sermons and the honky-tonk mystics that he discovered on old vinyl records in high school. Armed with an old thrift-shop guitar, he began playing and writing stories about life from a unique but oddly familiar point of view. Songs about liquor stores, truck stops, low-rent motels, and the grifters and transients that frequent them. It doesn't matter if it's a pool hall or a theater, a festival or a front porch, Chris's live sound is the whiskey-laden prospectus that anyone with a struggle can relate to.

### **Chris Canterbury 2022 Tour Dates**

June 26 – **Nashville, TN** – Rowdy on the Row  
August 2 – **Beaumont, TX** – Motel Poet's Series  
August 4 – **Fort Worth, TX** – Magnolia Motor Lounge  
August 5 – **Fort Smith, AR** – The Majestic  
August 7 – **Tulsa, OK** – Mercury Lounge  
August 9 – **Houston, TX** – Mucky Duck  
August 11 – **Galveston, TX** – Old Quarter Acoustic Café  
August 12 – **Ruston, LA** – Utility Brewing  
September 29 – **Knoxville, TN** – Blue Plate Special  
September 30 – **Cayce, SC** – Steelhands Brewing

**More tour dates to come.**

**For press information about Chris Canterbury,  
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