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MIGHTMARE LAUNCHES NEW SINGLE, VIDEO “ENEMY,”
PREMIERED BY BROOKLYN VEGAN
([YOUTUBE](#) | [SMART LINK](#))

FORTHCOMING DEBUT ALBUM *CRUEL LIARS* COMING ON
OCTOBER 14 VIA KILL ROCK STARS
([PRE-SAVE/PRE-ORDER](#))

OCTOBER TOUR DATES ANNOUNCED ([LINK](#))

“It’s a brooding rock song with some early PJ Harvey vibes that’s a clear departure from Sarah’s country band The Disarmers, and it’s a very promising taste of the new LP.”
– Brooklyn Vegan

Nashville, TN – Mightmare, the indie rock/dark pop solo project of Sarah Shook, released a new single/music video “Enemy” in advance of their forthcoming debut album *Cruel Liars* (out on October 14 via Kill Rock Stars). “Enemy” is available on all streaming services ([LINK](#)) and as a music video ([LINK](#)). The video was directed by Jordan Gibson of Odyssey Narratives.

“When I started working on ‘Enemy’ I was thinking about how people can be so vindictive during breakups and how pointless it is,” Shook says. “It got me wondering if a breakup somehow triggers something deeper in us psychologically, like a fundamental fear of being forgotten or something. And by the time I finished it I was missing all my childhood friends and all the people I’ve lost along the way.”

Mightmare came about as an intrinsic need to create and express when Sarah Shook & the Disarmers were grounded from touring during the global pandemic in 2020. Fresh off becoming sober, Shook devoted newly available time and energy into the comprehensive process of making an album from start to finish. As a result, *Cruel Liars* is almost completely self-made and was written, produced, and engineered by Shook. The album has already received attention from New York Times, Rolling Stone, No Depression, and others.

“I created my solo project Mightmare and leaned into it obsessively for the first year of the pandemic and out of that manic fixation came *Cruel Liars*,” Shook says. “I put every cell

and strand of my being in this album, I'm proud of it for its brightest moments and its glaring imperfections, for its darkness and its quiet hand guiding me to zeniths of personal truths.”

The debut album's eight songs are brimming with textured emotion, anthemic energy, and striking depth. *Cruel Liars* is accessible at any entry point – whether it's a crawling, cinematic indie rock feel of lead single “Saturn Turns” ([LINK](#)) or the uplifting electronic production of “Easy” ([LINK](#)) – and unlike anything Shook has done before.

Mightmare – October Tour

October 19 – **Charlotte, NC** – Snug Harbor
October 20 – **Atlanta, GA** – 529
October 21 – **Greenville, SC** – Radio Room
October 22 – **Nashville, TN** – The Basement
October 23 – **Knoxville, TN** – Pilot Light
October 24 – **Columbus, OH** – Rumba Café
October 25 – **Pittsburgh, PA** – Club Café
October 26 – **Cleveland, OH** – Beachland Tavern
October 27 – **Cincinnati, OH** – Southgate House Revival
October 28 – **Urbana, IL** – Rose Bowl Tavern
October 29 – **Milwaukee, WI** – Cactus Club
October 30 – **Chicago, IL** – Empty Bottle

**For press information about Mightmare,
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