



FOR IMMEDIATE RELEASE

SEPTEMBER 2022

**TRAMPLED BY TURTLES RELEASES NEW TRACK AND VIDEO FOR THE  
JEFF TWEEDY-PENNEED "A LIFETIME TO FIND" - [VIEW HERE](#)**

**FORTHCOMING ALBUM *ALPENGLow* WAS PRODUCED BY WILCO LEADER  
AND COMES OUT ON OCTOBER 28<sup>TH</sup> VIA THIRTY TIGERS**

Nashville, TN — Beloved Minnesota band Trampled By Turtles has released a video for their new song "A Lifetime To Find" from the forthcoming album *Alpenglow* (out on October 28<sup>th</sup> via Thirty Tigers). The track was written by Wilco's Jeff Tweedy, who produced the group's upcoming release.

The video features a series of Polaroids shot of the band, producer, and all involved during the recording of *Alpenglow* at Wilco's Chicago studio, The Loft. [View HERE.](#) Tweedy says, "When TBT was in the studio, I had this song but I wasn't sure it was going to be a Wilco song or not, but I knew with their instrumentation they would do a great job with 'A Lifetime To Find.' I'm glad it found a place on both of our records." Trampled By Turtles leader Dave Simonett adds, "It was a real honor for us to record one of Jeff's songs. I love the story he tells and the way he tells it. A conversation with death - who hasn't had one of those?"

The result of this collaboration is one of the celebrated sextet's strongest albums to date with *Alpenglow*. Simonett's thoughtful songwriting and warm, weathered vocals are perfectly complimented by bandmates Erik Berry (mandolin), Ryan Young (fiddle), Dave Carroll (banjo), Tim Saxhaug (bass) and Eamonn McLain (cello) as they have done for almost two decades. "I enjoy TBT's musicianship and ability to stick hard inside a genre, all the while stretching that same genre," Tweedy offers. "It's like you need to infiltrate it before you can pull it apart. They have a brotherly thing going on, too, which is always a great feel."

Starting on September 30<sup>th</sup>, Trampled By Turtles is helping to raise money for a cause that is near and dear to them and thousands of others: Minnesota's Boundary Waters Canoe Area Wilderness. The group is partnering with Sportsmen for the Boundary Waters in a silent charity auction that is running from 12pm CT on September 30<sup>th</sup> through 6pm CT on October 10<sup>th</sup>. Items include rare memorabilia, outdoor gear, experiences, signed posters, and even their stage owl. Sign up at the auction site [HERE](#). View Dave Simonett's video message [HERE](#).

From Dave Simonett: "If you've followed us for a while, you've probably heard us talk about the importance of the Boundary Waters Canoe Area Wilderness here in northern Minnesota. The Boundary Waters is over a million acres of extraordinary wilderness that runs up to the Canadian border. Over 2,000 lakes and streams dot and slice this landscape, making it an incredible place to paddle, camp, fish, hunt, explore, and find connection. It's the largest US wilderness area east of the Mississippi River and, like

many other large tracts of natural land, it is constantly under threat of being used for something else. Our friends at Sportsmen for the Boundary Waters are committed to keeping this place the wild and beautiful sanctuary that it is, and we've decided to try and raise some money to help them in their cause. So, we are having an auction. That's right folks, step right up and bid on all sorts of interesting and unique TBT-related items. We've got a retired stage set piece, a fishing trip on Lake Superior with a couple band members, fiddle lessons, a stage-used instrument, a pile of old and autographed relics of our existence, a VIP concert experience, and who knows what else. All the proceeds from said curiosities will go to Sportsmen for the Boundary Waters."

**Catch Trampled By Turtles on tour later this fall and winter in support of *Alpenglow*. See list of dates below.**

**[CLICK HERE](#) to pre-order/pre-save *Alpenglow*  
[CLICK HERE](#) to stream "A Lifetime To Find" at your preferred DSPs**

**For press information about Trampled By Turtles, please contact  
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at All Eyes Media**

### **Trampled By Turtles 2022 Fall/Winter Tour Dates**

Oct 22 – **Ashland, KY** – Paramount Arts Center  
Nov 3 – **Pittsburgh, PA** – Stage AE ##  
Nov 4 – **Washington, DC** – The Anthem ##  
Nov 5 – **Philadelphia, PA** – The Fillmore ##  
Nov 6 – **South Burlington, VT** – Higher Ground ## SOLD OUT  
Nov 9 – **Ithaca, NY** – NY State Theatre ##  
Nov 10 – **New York, NY** – Webster Hall  
Nov 11 – **Boston, MA** – House of Blues ##  
Nov 12 – **Portland, ME** – State Theatre ##  
Nov 26 – **Minneapolis, MN** – The Armory @@  
Dec 1 – **Atlanta, GA** – Buckhead Theatre  
Dec 2 – **Winston-Salem, NC** – The Ramkat SOLD OUT  
Dec 3 – **Cincinnati, OH** – The Andrew J. Brady Music Center &&  
Dec 4 – **Detroit, MI** – Majestic Theater xx  
Dec 7 – **Tulsa, OK** – Cain's Ballroom ^^  
Dec 8 – **Fayetteville, AR** – JJ's Live ^^  
Dec 9 – **St. Louis, MO** – The Pageant ^^  
Dec 10 – **Kansas City, MO** – Uptown Theater ^^  
Jan 13 – **Honolulu, HI** – The Republik  
Jan 15 – **Kahului, HI** – Maui Arts Center  
Jan 19 – **San Francisco, CA** – The Fillmore \*\*  
Jan 20 – **West Hollywood, CA** – Troubadour \*\* SOLD OUT  
Jan 21 – **San Diego, CA** – The Observatory North Park \*\*

#### **Support**

## Amigo the Devil    @@ Charlie Parr  
&& Pokey LaFarge    xx Full Cord  
^^ Sumbuck (featuring Taylor Meier from Caamp)    \*\* Tejon Street Corner Thieves

Visit [TrampledByTurtles.com](http://TrampledByTurtles.com)