



FOR IMMEDIATE RELEASE

JUNE 2022

**TRAMPLED BY TURTLES TO RELEASE HIGHLY ANTICIPATED NEW ALBUM
ALPENGLOW, PRODUCED JEFF TWEEDY, ON OCTOBER 28TH**

**VIDEO FOR MOVING FIRST SINGLE "IT'S SO HARD TO HOLD ON"
FEATURES FAN SUBMITTED PHOTOS & VIDEOS [VIEW HERE](#)**

NEW TOUR JUST ANNOUNCED

"...the sextet from Minnesota creates first-rate, heartfelt songcraft...they are American originals, still exploring and still delivering moody, evocative music."
- Associated Press

Nashville, TN — Celebrated band Trampled By Turtles has announced the release of their forthcoming album *Alpenglow* on October 28th (Thirty Tigers). Produced by Wilco's Jeff Tweedy, *Alpenglow* is the Minnesota-based sextet's tenth album and may be their strongest collection of songs and performances to date.

Alpenglow, named after the optical phenomenon that takes place when the sun casts a reddish glow across the mountains at dawn and dusk, opens with the wistful beauty of "It's So Hard To Hold On." The narrator contemplates the passing of time and how imperative it is to savor it while you have it. The group reached out to their legions of passionate fans and asked them to send in photos and videos of their experiences at Trampled By Turtles shows. The band was completely overwhelmed by what they received, and even more so, by the hundreds of heartfelt stories and emotional sentiments that accompanied them. The result is this joyful video for "It's So Hard To Hold On," which only represents a mere fraction of what came in. [View Here](#)

10 of the 11 tracks on *Alpenglow* were written by lead singer Dave Simonett, whose introspective and literate songwriting is the foundation of the unwavering connection the group's music has with its fervent and ever-growing audience. "On The Highway" expresses a longing to wander but struggles with the value in maintaining roots. "Central Hillside Blues" addresses nostalgia and loss while "Quitting Is Rough" deals with having inner strength to not lose sight of what is real, with its beautiful and inspiring refrain "climb out, climb out, climb out." The Tweedy-penned "A Lifetime To Find" features a simple back-and-forth dialogue with Death, which ends as one might expect.

Trampled By Turtles just announced a fall tour in support of *Alpenglow*. See a full list of dates below.

After almost 20 years together, Trampled By Turtles have become somewhat of a cultural marvel. They sell out major venues all over the country with fans of all ages who sing, dance and share in the communal joy of a Trampled By Turtles experience. With Simonett (guitar), Erik Berry (mandolin), Ryan Young (fiddle), Dave Carroll (banjo), Tim Saxhaug (bass) and Eamonn McLain (cello), they operate as a rock band, only one that utilizes string instrumentation. With a deep dive into the songs on *Alpenglow*, one can easily understand why Trampled By Turtles continues to connect with their audience.

Stream “It’s So Hard To Hold On” at your preferred DSPs [HERE](#)

For press information about Trampled By Turtles, please contact
Jim Flammia jim@alleyesmedia.com

Trampled By Turtles 2022 Summer Headlining Tour Dates

Jul 9 – **Duluth, MN** – Bayfront Park ++
Jul 13 – **Sandy, UT** – Sandy Amphitheatre >>
Jul 14 – **Morrison, CO** – Red Rocks >>
Jul 15 – **Dillon, CO** – Dillon Amphitheater
Aug 4 – **Chicago, IL** – Out of Space %%

Support:

++ The Jayhawks
%% Jenny Lewis
>> Ruston Kelly

Visit TrampledByTurtles.com
for summer festival appearances, news and tour updates

New Trampled By Turtles 2022 Fall/Winter Headlining Tour Dates

Nov 3 – **Pittsburgh, PA** – Stage AE ##
Nov 4 – **Washington, DC** – The Anthem ##
Nov 5 – **Philadelphia, PA** – The Fillmore ##
Nov 6 – **South Burlington, VT** – Higher Ground ##
Nov 10 – **New York, NY** – Webster Hall
Nov 11 – **Boston, MA** – House of Blues ##
Nov 12 – **Portland, ME** – State Theatre ##
Nov 26 – **Minneapolis, MN** – The Armory @@
Dec 1 – **Atlanta, GA** – Buckhead Theatre
Dec 2 – **Winston-Salem, NC** – The Ramkat
Dec 3 – **Cincinnati, OH** – The Andrew J. Brady Music Center &&
Dec 7 – **Tulsa, OK** – Cain’s Ballroom ^^
Dec 8 – **Fayetteville, AR** – JJ’s Live ^^

Dec 9 – **St. Louis, MO** – The Pageant ^
Dec 10 – **Kansas City, MO** – Uptown Theater ^
Jan 19 – **San Francisco, CA** – The Fillmore **
Jan 20 – **West Hollywood, CA** – Troubadour **
Jan 21 – **San Diego, CA** – The Observatory North Park **

Support:

Amigo the Devil
@@ Charlie Parr
^ Sumbuck (featuring Taylor Meier from Caamp)
** Tejon Street Corner Thieves
& Pokey LaFarge

Visit TrampledByTurtles.com