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**ACCLAIMED ARTIST/SONGWRITER SEAN MCCONNELL RELEASES NEW SONG  
OF CARE AND COMPASSION WITH THE BEAUTIFUL "TAKE IT EASY DARLIN"**  
**LISTEN [HERE](#)**

**NEW SINGLE APPEARS ON CONTEMPLATIVE FORTHCOMING  
ALBUM SKIN, OUT FEBRUARY 28<sup>TH</sup>**

***"Between his striking voice and ability to captivate one's vision with his lyrics,  
McConnell creates an imaginative world while taking a deeper look  
at the one we live in." – No Depression***

NASHVILLE, TN – Acclaimed Nashville artist/songwriter Sean McConnell has released his moving new single "Take It Easy Darlin'", from his forthcoming album *SKIN* (out February 28<sup>th</sup> Metropolitan Groove Merchants). The beautiful new track addresses the feeling of giving compassion to someone you care about, but knowing there is nothing you can do for them.

"This is a song about wanting to take the weight of the world off the shoulders of someone you love when you can see that they are fighting a battle that only they can fight" says McConnell. "There's a certain kind of helplessness that comes along with that reality. On both sides. It's a hard lesson to learn, that often what we can offer is simply to sit with someone in their pain and just be a witness to it." Listen to "Take It Easy Darlin'" [HERE](#).

*SKIN* is McConnell's most intimate and revealing work to date and marks a new creative chapter as he shares some of his deepest thoughts, questions and feelings while continuing to evolve as a father, husband, friend, son, artist and human being in this mercurial world. The deeply introspective and observational songs question many of life's paradoxes with a new-found wisdom that can only come from through lived experiences.

Over the course of the last 20 years, Sean McConnell has resided within two music careers. He is an accomplished songwriter and artist with a remarkable voice and a revered body of work filled with songs that cross styles and subject matters. He has garnered critical praise and a loyal fanbase. On the other side, McConnell has been a sought-after songwriter and co-writer/collaborator working with the artists such as Brad Paisley, Tim McGraw, Rascal Flatts, Little Big Town, Ashley McBryde, Martina McBride, Brantley Gilbert and Brothers Osborne, as well as artists from other genres ranging from Hayes Carll and Lori McKenna to Michael Franti and Plain White T's to Bethany Cosentino (Best Coast).

**Listen to "Take It Easy Darlin'" at your preferred DSP's [HERE](#).  
Pre-order *SKIN* [HERE](#)**

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