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JANUARY 2025

**SEAN MCCONNELL RELEASES POIGNANT NEW TRACK “NEVER ENOUGH”
OFF ANTICIPATED ALBUM *SKIN*, OUT FEBRUARY 28TH
VIA METROPOLITAN GROOVE MERCHANTS - LISTEN [HERE](#)**

**FORTHCOMING COLLECTION FEATURES THE MOST INTIMATE AND REVEALING
SONGS TO DATE FROM THE ACCLAIMED ARTIST**

NASHVILLE, TN – Ahead of the February 28th release of his forthcoming album *SKIN*, venerated artist/songwriter Sean McConnell just released the poignant new single “Never Enough.”

The new track finds the Nashville-based McConnell ruminating over his own vices and obsessions, both bad and good. He comes to the realization that his strongest and most fulfilling addiction comes as a result of the unconditional love and understanding he receives from his partner in life. The song is an affecting ode to what truly matters and how it can center you amidst multiple layers of challenges.

“There is a part of me that is always after the next high. Chasing the next dopamine hit,” says McConnell. “My chemical makeup seems to always remind me that if a little bit of something is good then all of it would be even better. Anything from cigarettes, coffee, alcohol, even music. *‘I get a taste, I lose control, I learn a chord, I write a song, I sell my soul to rock and roll.’* The moment I learned to play a chord I never put the guitar down. My whole life was spoken for in that moment in a sense. I’m an all-in or all-out guy. A dog with a bone.”

He adds, “I gave up alcohol a few years ago and that’s been one of the best choices I’ve ever made. Gone also are the days of smoking cigarettes and mindlessly pounding coffee all day (pretty much). I bob and weave, ever mindful of my appetite. But the real soul of this song, underneath it all, is my love for and from my soul mate and wife Mary Susan. If there’s anything we don’t need in moderation, surely it’s love.” Listen to “Never Enough” [HERE](#).

SKIN is McConnell’s most intimate and revealing work to date and marks a new creative chapter as he shares some of his deepest thoughts, questions and feelings while continuing to evolve as a father, husband, friend, son, artist and human being in this mercurial world. The deeply introspective and observational songs question many of life’s paradoxes with a new-found wisdom that can only come from through lived experiences.

Over the course of the last 20 years, Sean McConnell built a revered body of work filled with songs that cross styles and subject matters. He has garnered critical praise, a loyal fanbase and the attention of a multitude of artists who have co-written with him and/or recorded his songs. That list includes Brad Paisley, Tim McGraw, Lori McKenna, Rascal Flatts, Michael Franti, Little Big Town, Ashley McBryde, Hayes Carll, Martina McBride, Brantley Gilbert, Bethany Cosentino (Best Coast), Brothers Osborn and more. *No Depression* says, “Between his striking voice and ability to captivate one’s vision with his

lyrics, McConnell creates an imaginative world while taking a deeper look at the one we live in.”

Visit SeanMcConnell.com for tour announcement coming soon.

Listen to “Never Enough” at your preferred DSP’s [HERE](#)

Pre-order *SKIN* [HERE](#)

For more press information on Sean McConnell, please contact Jim Flammia jim@alleyesmedia.com or Kai Nanfelt kai@alleyesmedia.com at All Eyes Media